

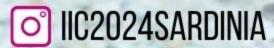
## SARDINIA, ITALY TRAIN ON A MAGICAL ISLAND

# INSTRUCTOR COURSE



INFO

SEGRETERIA@FITAE-ITF.COM



SEPTEMBER 20-22, 2024



























Dear Grand Masters, Masters, Instructors and Students,
On behalf of FITAE-ITF, ASI and FariguOriolani Team, it's a great pleasure to welcome all
Taekwon-Do members from all over the world to the International Instructor Course that will be held
on the beautiful island of Sardinia, Italy, on September 20-21-22, 2024,
in the wonderful HORSE COUNTRY RESORT in Arborea (Oristano).

We are looking forward to welcoming you and enjoy a pure Taekwon-Do ITF experience.

FITAE ITF

Master Christian Oriolani Sabumnim Silvia Farigu & FITAE-ITF



















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#### HOW TO GET TO SARDINIA

The best and closest airport is Cagliari - Elmas (CAG) (85km)

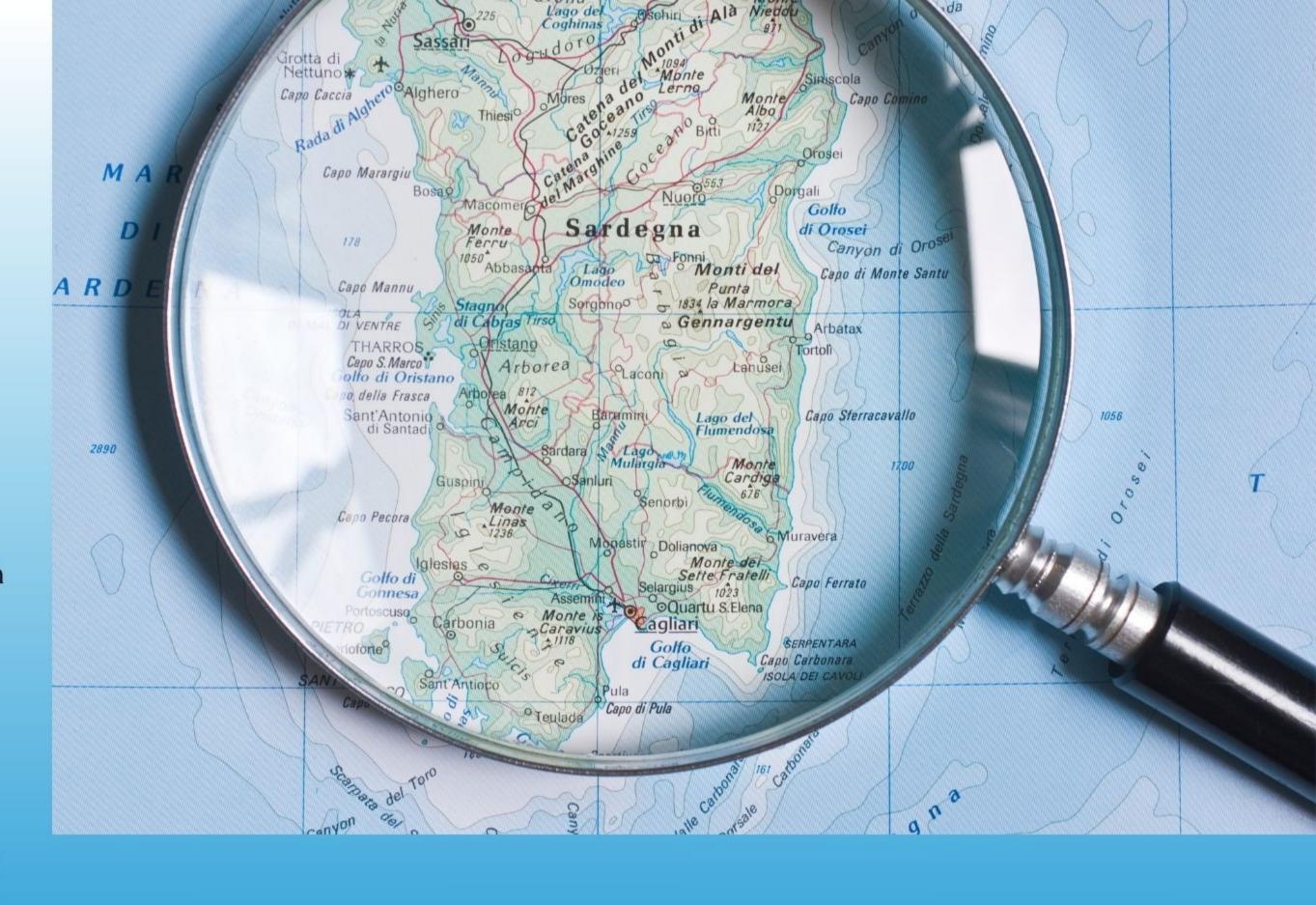
There are many cities in Europe with direct flights to Cagliari.

In addition you may fly to:

- Alghero Airport (160km)
- Olbia Airport (180km)

If you need more information, please contact us and we will do our best to help you.

booking@tkdsardegna.com





## HOW TO GET TO THE RESORT TRANSFER

The resort is 1 hour 10 minutes from Cagliari Airport (Elmas). The organization offers the possibility to get there by transfer to be booked for small or big groups.

#### **FEES AND TIME**

Van for 8 persons



TOTAL COST PER VAN: 210€ one way

Van for 12 persons



TOTAL COST PER VAN: 270€ one way

Book your transfer



contact: BOOKING@TKDSARDEGNA.COM



#### **HOURSE COUNTRY RESORT \*\*\*\***

40 hectares of unspoiled nature, private beach, large spaces, absolute relaxation and the scent of the sea: all this awaits you at the Horse Country Resort Congress & Spa, a resort in Sardinia overlooking the splendid sea in the Gulf of Oristano, on the central West coast of the most fascinating island in Italy. The 4-star hotel in Sardinia you weren't expecting to find. The HCR features swimming pools, hotels, restaurants, a private beach, a wellness



centre, an equestrian centre and a Western village ensconced in acres upon acres of carefully-tended gardens. An immersive entertainment team and a wide range of experiences for kids and adults alike are available to make your days truly special.



#### RESORT FEES

SUPERIOR ROOM in Hotel 4\*\*\*\*. The room is equipped with private bathroom, TV, air conditioning, heating and minibar.

**DOUBLE ROOM**Half board: 75€ per person/per night - (breakfast, dinner buffet and accommodation)

<u>Full board</u>: 85€ per person/per night - (breakfast, lunch + dinner buffet and accommodation)

**TRIPLE/QUADRUPLE ROOM** Half board: 70€ per person/per night - (breakfast, dinner buffet and accommodation)

Full board : 80€ per person/per night - (breakfast, lunch + dinner buffet and accommodation)

SINGLE ROOM Half or Full board: +25€ extra per day

KIDS Special discounts. Please, contact the organization.

#### Info, reservation and payment: <a href="mailto:booking@tkdsardegna.com">booking@tkdsardegna.com</a>



N.B.: Persons who are **not staying at the Resort will not be allowed to use the resort premises** (swimming pool, tennis or soccer camp, private beach, etc.).

If you wish to use the hotel premises, you must pay a DAILY ticket of €25 per PERSON with a previous reservation at: booking@tkdsardegna.com

#### The IIC will be held behind closed doors

therefore, spectators, parents, friends or instructors who are NOT registered and participating in the Course will not have access to the IIC venue.





To spend quality time together, the organization will prepare an "informal" banquet with the purpose of enjoying the weather and the magnificent location by sharing an amazing and relaxed evening in good company.



All information will be shared in August on Instagram: iic2024sardinia



















#### Friday 20th

Check in: until 13:00 hrs

Line up: 13:45 hrs - Opal room

Unit 1 : 14:00-18:00 hrs

Saturday 21st

Line up: 8:45 hrs - Opal room

Unit 2 : 9:00-13:00 hrs

Lunch Break: 13:00-14:00 hrs

Unit 3 : 14:00-16:30 hrs

Banquet: 19:00 hrs

**Sunday 22nd** 

Line up : 8:15 hrs - Opal room

Unit 4 : 8:30-13:00 hrs



### IIC FEES

- Red belts: \$150 IIC Participation Fee + Organization fee 60€
- 1st 3rd Degree: \$150 IIC Participation Fee + Organization fee 60€
- 4th 6th Degree: \$200 IIC Participation Fee + Organization fee 60€
- 7th 8th Degree: \$100 IIC Participation Fee + Organization fee 60€
- 9th Degree: \$0



Participants must register with the ITF online by their National Association or Allied Association.

Registration must be done as soon of possible to ensure confirmation

IIC registration: please contact your National Federation

IIC FEE to be paid to FITAE-ITF Federazione Italiana Taekwon-Do ITF by

bank transfer:

Credito Emiliano

Iban: IT97I0303274160010000004000

BIC/SWIFT BACRIT21928 (Terracina)

e-mail: segreteria@fitae-itf.com

**REGISTRATION DEADLINE SEPTEMBER 1, 2024** 

Organization fee must be paid in cash at the registration desk in the hall

#### HORSE COUNTRY RESORT

WWW.HORSECOUNTRY.IT







FITAE-ITF.COM O IIC2024SARDINIA



TKDSARDEGNA.COM











